

SONA DELURGIO, PSY.D., M.F.T.

55 West Sierra Madre Boulevard, Suite 300

Sierra Madre, California 91024

(626) 836-2023

Confidentiality

What is revealed in this setting is protected by professional and legal standards. All material is held confidential and will not be released without your written permission. Exceptions to confidentiality are required if you threaten serious physical harm to another person, or if there is a reasonable suspicion of child, elder, or dependent adult abuse or neglect. Exceptions may be required if you are suicidal or threaten to inflict serious physical harm to yourself.

Session Length, Fees and Payments

Sessions start on time and last forty-five minutes. Your payment of \$_____ is required at the time of each session, unless otherwise arranged. Clients understand that fees may be subject to periodic review. M.F.T.'s refrain from allowing unpaid balances to accrue and from accepting non-monetary remuneration to avoid potential exploitation or distortion of the professional relationship. There is a \$15 charge for any returned checks.

Telephone & Emergency Procedures

If you need to contact me between sessions, please leave a message at (626) 836-2023 and I will return your call as soon as possible. I pick up my messages a few times a day Monday through Friday. Calls that last more than 10 minutes may be charged at the regular session fee. If an emergency situation arises, please indicate it clearly in your message. For a life-threatening emergency please call 911 or call the Suicide Hotline at (310) 391-1253 as needed.

The Process of Therapy

Participating in therapy can result in a number of benefits to you, including improving relationships, and resolution of the specific concerns that led you to seek therapy. Working towards these benefits, however, requires effort on your part. Psychotherapy requires your very active involvement, honesty, and openness. Sometimes the process of therapy will feel easy and swift, and sometimes it can be slow and frustrating. During therapy you may experience discomfort as therapy proceeds and you approach sensitive concerns. If at any time you experience a temporary slowing in progress, or if you have questions or concerns about your treatment, this may be a natural part of the therapy process and I encourage you to explore this with me.

Cancellations

Since the scheduling of an appointment involves the reservation of time specifically for you, a minimum of 24 hours notice is required for re-scheduling or canceling an appointment. An appointment missed or canceled without 24 hour notice will be charged at the regular session fee.

I/WE HAVE READ AND UNDERSTAND THE ABOVE CONDITIONS AND TERMS

Client Name _____ Client Signature _____ Date _____

Client Name _____ Client Signature _____ Date _____

Sona DeLurgio, Psy.D., M.F.T. _____ Date _____